

National Championships Long Distance



ELITE - FEMALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	2	Kristina Starheim	Lofoten Triathlon Club	Norway	0:31:48	2:34:11	1:50:37	5:02:31
2	386	Hanne Sande	Spirit Triatlon	Norway	0:36:03	2:41:31	1:42:25	5:04:54
3	32	Silje Milenkovic	Bryne Triatlon Klubb	Norway	0:30:23	2:51:08	2:14:09	5:42:06
ELITE - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	4	Marius Bjerkeset	Triton	Norway	0:29:17	2:08:00	1:24:35	4:06:07
2	1	Ole-Bernard Fuskevåg	Tromsø Triatlon klubb	Norway	0:29:00	2:11:48	1:26:03	4:10:59
3	23	Benjamin Christensen	Oslofjord Triatlon	Norway	0:36:10	2:03:08	1:30:31	4:15:08
4	16	Jan-Morten Ra		Norway	0:29:10	2:13:16	1:30:34	4:17:38
DSQ	3	Erik Blom-Dahl		Norway	0:35:49	2:15:02	1:26:31	4:22:21
DSQ	6	Alexander Ask		Norway	0:34:59	2:22:32	1:25:38	4:28:37
F35-39 - FEMALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	33	Tonje Jørgensen	Bryne Triathlon Club	Norway	0:40:55	2:47:40	1:54:59	5:31:09
F40-44 - FEMALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	78	Nina Tveten	Skagerrak Sportsklubb	Norway	00:46:48	02:44:20	02:16:43	5:57:10
DSQ	79	Ingjerd Hauvik		Norway	00:39:48	02:45:35	02:06:18	5:39:37
F45-49 - FEMALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	34	Johanna Håland	Bryne Triathlon Club	Norway	0:34:23	2:40:47	1:43:11	5:04:00
2	20	Beate Berg	Skagerrak Sportsklubb	Norway	0:38:32	02:38:15	1:46:58	5:10:16

3	88	Hafdis Helgadóttir	Kristiansand Triatlon Klubb	Iceland	0:40:13	2:54:31	1:56:35	5:39:25
4	390	Ilka Huber		Norway	0:43:23	2:48:51	2:04:46	5:44:18
5	85	Julie Skadal		Norway	0:49:29	02:49:16	2:25:42	6:12:19
6	84	Ane Gjengedal Hellesøy		Norway	0:45:02	02:49:44	2:34:46	6:19:50
F50-54 - FEMALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	92	Liv Helga Sarensen	Vesterålen	Norway	0:46:19	2:40:50	1:56:08	5:30:11
2	21	Solveig Granås	Arendal Triatlon Klubb	Norway	0:45:43	2:45:35	1:55:17	5:33:50
3	94	Kristina Maria Holm	Bærumsvømmerne	Norway	0:52:05	2:51:14	1:46:33	5:39:16
4	93	Jorunn Vestcil Olsen		Norway	0:45:36	3:00:43	2:07:41	6:02:55
5	392	Lise Leivestad		Norway	0:43:55	3:16:30	2:19:46	6:34:50
F55-59 - FEMALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	379	Anne Marie Hausland	Arendal Triatlon Klubb	Norway	0:48:08	2:53:54	2:05:52	5:56:49
2	359	Jane Stacey	Stavanger Triathlon Klubb	Great Britain	0:42:20	3:01:02	2:14:46	6:08:35
3	101	Karin Vik	Bergen Triathlon Club	Norway	0:46:45	3:03:10	2:13:58	6:13:40
M18-24 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	360	Sindre Thronæs	NTNUI	Norway	00:37:08	02:22:16	01:31:47	04:36:11
2	106	Benjamin Sigbjørnsen	NTNUI	Norway	00:40:50	02:21:34	01:31:56	04:40:43
3	107	Vidar Goldfine	NTNUI	Norway	00:28:19	02:40:14	01:38:49	04:52:44
4	110	Esteban Gutierrez		Norway	00:33:20	02:29:55	01:43:54	04:53:16
5	374	Leonhard Spidsø		Norway	00:43:51	02:31:15	01:33:18	04:55:43
6	108	Henrik Vik		Norway	00:40:27	02:36:09	01:42:01	05:07:35
7	366	Oddgeir Steinnes			00:40:12	02:41:57	01:48:23	05:16:56
DSQ	113	Jerlow Lytomt Jacobsen		Norway	00:28:21	02:33:44	01:28:03	04:36:13
M25-29 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	124	Jørgen Aanestad	Sandnes SK	Norway	00:41:40	02:08:12	01:41:11	04:36:49
2	123	Anders Rauan	NTNUI	Norway	00:36:25	02:24:29	01:34:16	04:40:39
3	122	Matias Aanensen	NTNUI	Norway	00:39:09	02:30:05	01:40:33	04:56:21
4	5	Matheo Skålvoll		Norway	00:30:12	02:41:34	02:30:46	05:48:09

M30-34 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	24	Frederick Dahl	Bergen Triathlon Club	Norway	00:38:00	02:22:34	01:28:20	04:34:40
2	154	Simon Furnes	Raufoss og Gjøvik	Norway	00:39:01	02:30:09	01:33:40	04:49:12
3	153	Daniel Jenssen	Nordstrand IF	Norway	00:38:21	02:29:21	01:39:17	04:50:49
4	361	Kristian Stautland		Norway	00:38:10	02:40:03	01:44:30	05:10:09
M35-39 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	213	Torjus Kolnes		Norway	00:34:39	02:16:08	01:32:29	04:29:11
2	189	Andre Hansen	Åsane CK	Norway	00:37:35	02:31:18	01:27:57	04:43:17
3	188	Tore Anvik	Stavanger Triathlon Klubb	Norway	00:35:13	02:21:08	01:43:31	04:45:33
4	190	Øivind Wilhelmsen		Norway	00:42:32	02:34:07	01:46:48	05:14:39
5	187	Bjorn Kalkdijk		Norway	00:41:29	02:36:04	01:49:36	05:14:52
6	191	Sigurd Helgeland		Norway	00:41:52	02:47:17	01:50:16	05:25:55
M40-44 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	237	Jon Sletteskog	Haugesund Triatlon Klubb	Norway	00:36:28	02:37:00	01:46:26	05:05:38
2	264	Andreas Eieland	Trondheim Triatlon Klubb	Norway	00:36:28	02:29:12	01:59:19	05:10:36
3	238	Stian Nergård	Trondheim Triatlon Klubb	Norway	00:40:52	02:48:52	02:05:34	05:42:18
4	246	Gjoran Veiset		Norway	01:01:13	02:45:12	02:10:36	06:08:47
DSQ		Roald Aga		Norway	00:40:50	02:42:44	01:41:41	05:11:58
DSQ		Kyrre Rødeseike		Norway	00:38:09	02:32:20	02:08:13	05:24:34
M45-49 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	270	Hans Ove Grøntvedt	Trondheim Triatlon Klubb	Norway	00:36:53	02:13:26	01:30:15	04:25:49
2	385	Tom Berger Trondsen	Nordstrand IF	Norway	00:35:14	02:20:34	01:33:52	04:34:57
3	293	Hans Aaseth	Nordstrand IF	Norway	00:34:11	02:16:24	01:39:30	04:36:29
4	272	Sjur Tollevik		Norway	00:35:39	02:23:58	01:43:59	04:47:49
5	271	Joel Honkanen		Norway	00:35:15	02:29:38	01:40:52	04:52:19
6	371	Ronny Nordal		Norway	00:35:39	02:34:26	01:38:17	04:53:04
7	273	Kristian Gaare-Olstad		Norway	00:32:49	02:40:36	01:49:53	05:09:20
DSQ	274	Jorrit Enserink		Norway	00:31:37	02:28:23	01:40:23	04:46:44

DSQ	277	Per Morten Ellingsen		Norway	00:37:45	02:24:48	01:42:32	04:50:16
M50-54 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	48	Sindre Sørensen	Stavanger Triathlon Klubb	Norway	00:35:03	02:15:27	01:29:54	04:25:13
2	300	Espen Gjør	Bærumsvømmerne	Norway	00:36:07	02:24:24	01:30:30	04:36:54
3	298	Jens Christian Iglebæk	Kristiansand Triatlon Klubb	Norway	00:34:41	02:38:06	01:31:55	04:50:25
4	29	Njål Ladstein		Norway	00:37:10	02:36:01	01:33:57	04:53:33
5	26	Tom Arne Bordevik		Norway	00:39:53	02:27:46	01:42:42	04:55:18
6	299	Jon Oddvar Arnesen		Norway	00:37:27	02:31:19	01:45:21	05:02:01
7	301	Gørn Nordeng		Norway	00:38:17	02:35:03	01:43:23	05:03:24
8	303	Christopher Aalholm		Norway	00:35:28	02:36:36	01:46:05	05:04:12
9	329	Trond Blomberg		Norway	00:38:02	02:34:54	01:44:33	05:04:56
10	387	Thorsten Gerstner		Norway	00:48:10	02:19:1T	01:55:42	05:10:06
11	294	Bent Ove Rønningen		Norway	00:38:17	02:35:25	01:51:35	05:13:00
12	297	Fred Arthur Asdal		Norway	00:37:53	02:37:41	01:53:45	05:15:03
13	27	Tor Christian Fink		Norway	00:37:08	02:39:20	01:56:56	05:23:17
14	296	Trygve Land		Norway	00:38:15	02:46:46	02:04:54	05:39:10
DSQ	53	Sacha de Bilderling		Belgium	00:30:04	02:30:46	01:39:10	04:44:44
DSQ	295	Jan Hugo Svendsen		Norway	00:34:34	02:34:33	01:49:35	05:04:44
M55-59 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	31	John Inge Pettersen	Bryne Triatlon Klubb	Norway	00:35:35	02:24:15	01:39:12	04:44:18
2	375	Bjarte Reed	Førde	Norway	00:40:20	02:33:52	01:40:19	05:01:51
3	30	Egil Solstad	Soon Triatlon Klubb	Norway	00:36:32	02:23:45	01:56:07	05:02:42
4	56	Reidar Skrunes		Norway	00:38:38	02:30:49	01:47:19	05:03:02
5	54	Gunnar Hauso		Norway	00:38:25	02:28'33	01:56:45	05:11:59
6	380	Trond G. Waage		Norway	00:46:20	02:40:25	01:55:05	05:30'28
7	55	Jan Tore Karlsen		Norway	00:42:18	02:44:48	02:01:11	05 36:35
8	365	Thomas Henriksen		Norway	00:40:03	02:44:04	02:08:59	05:43:28
9	332	Roger Andre Vanebo		Norway	00:47:39	02:41:35	02:07:05	05:43:32
10	57	Eigil Holst		Norway	00:44:14	02:54:09	02:03:15	05:48:46
M60-64 - MALE								

Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	346	Kenneth Blom	Trio	Norway	00:34:30	02:40:58	01:42:30	05:03:47
2	347	Alfred Johnsen	Bryne Triatlon Klubb	Norway	00:40:14	02:33:16	01:46:22	05:05:25
M65-69 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	352	Sverre Samdal	Oslofjord Triatlon	Norway	00:44:14	03:06:26	02:26:51	06:35:16
M70-74 - MALE								
Position	Start #	Athlete	Club	Country	Swim	Bike	Run	Finish time
1	19	Asbjørn Bakken	Kristiansand Triatlon Klubb	Norway	00:42:34	02:42:12	02:22:20	05:57:37
2	355	Rune Bråthen	Sandnes SK	Norway	00:39:10	02:50:39	02:20:17	05:58:51